

1984 ILLINOIS TRACK & FIELD MEET

SATURDAY, MAY 12, 1984

WOMEN'S EVENTS

HIGH JUMP

1.	Erin Sobaski	St. Thomas	5'5"	(nat'l qual)
2.	Wilhelmina Cromartie	Augsburg	5'5"	(nat'l qual)
3.	Holly Brodmarklek	Gustavus	5'2"	
4.	Barb Meyer	Gustavus	5'2"	
5.	Kim Olson	Gustavus	4'10"	
6.	Kris Hartzell	Bethel	4'8"	
	Valerie Hedges	St. Olaf	4'8"	

DISCUS

1.	Linda McDuffy	Concordia	137'6"	(nat'l qual)
2.	Sheryl Geisert	Concordia	127'8"	
3.	Bogatski, Cindy	Concordia	127'3"	
4.	Amy Bresnahan	St. Olaf	124'10"	
5.	Penny Marshall	Bethel	123'9½"	
6.	Shelly Perault	Hamline	114'4½"	

3000M RUN

1.	Julia Kirtland	Macalester	10:03.89
2.	Cindy Hennessy	St. Thomas	10:14.86
3.	Elise Wrolstad	St. Olaf	10:15.65
4.	Laura Inderieden	St. Thomas	10:24.30
5.	Carolyn Hunt	Carleton	10:27.99
6.	Marion Strand	Concordia	10:30.16

4 x 100 M RELAY

1.	Carleton	49.15	**nat'l qual, new stadium record (nat'l qual.)
2.	St. Olaf	49.75	
3.	Macalester	51.55	
4.	Hamline	53.14	
5.	Concordia	53.22	
6.	Augsburg	53.84	

1500M RUN

1.	Rose McIlrath	St. Thomas	4:42.39	(nat'l qual)
2.	Lynnette Drydahl	Concordia	4:46.35	
3.	Peggy Paulino	St. Thomas	4:53.94	
4.	Heidi Keller	Hamline	4:56.06	
5.	Kim Buss	Carleton	4:56.89	
6.	Carolyn Hunt	Carleton	5:03.85	

X HEPTATHLON

1.	Betty Wannarka	Gustavus	4067
2.	Kay Kleber	St. Olaf	3510
3.	Colleen Hughes	St. Thomas	3187
4.	Kelly Flynn	St. Thomas	3026

X 100M HURDLES

1.	Mary Ernst	St. Thomas	15.69
2.	Beth Maxwell	St. Olaf	15.79
3.	Jenny Burgess	Bethel	15.95
4.	Lynne Watkins	Hamline	16.34
5.	Wilhelmina Cromartie	Augsburg	16.85
6.	Kay Kleber	St. Olaf	17.0

X 400M DASH

1.	Pam Olsgaard	Concordia	58.12 (nat'l qual)
2.	Erin Sebaski	St. Thomas	58.49 (nat'l qual)
3.	Kim Skistad	St. Olaf	58.82
4.	Julie Bednarz	St. Thomas	59.18
5.	Jane Duehn	Bethel	59.55
6.	Karen Ballentine	Carleton	1:01.47

X 100M DASH

1.	Melissa Hamilton	Carleton	12.66 (nat'l qual)
2.	Gretchen Stai	St. Olaf	12.86
3.	Tsemaye Opubor	Carleton	13.00
4.	Jodi Kickey	St. Olaf	13.08
5.	Jenny Needham	St. Thomas	13.12
6.	Sue Duehn	Bethel	13.27

X JAVELIN

1.	Linda McDuffy	Concordia	148'3" (nat'l, stad. rec)
2.	Wannarka, Betty	Gustavus	127'8"
3.	Sheryl Geisert	Concordia	127'1"
4.	Pam Summers	Hamline	125'10"
5.	Gathy Angys	St. Thomas	122'3"
6.	Penny Marshall	Bethel	121'9"

X 800M RUN

1.	Madine Sanders	St. Olaf	2:18.09
2.	Tom Stielstra	Bethel	2:18.65
3.	Peggy Pauline	St. Thomas	2:19.06
4.	Julie Gyrci	St. Olaf	2:19.45
5.	Carlene Paulson	Concordia	2:21.35
6.	Lynnette Dyrdaahl	Concordia	2:24.49

### 400M HURDLES

1.	Jenny Burgess	Bethel	1:05.66 (nat'l qual)
2.	Erin Sobaski	St. Thomas	1:08.85
3.	Lynn Watkins	Hanline	1:09.25
4.	Bridgette Killy	St. Olaf	1:10.45
5.	Peggy Papnefuss	St. Thomas	1:12.79
6.	Colleen O'Hughes	St. Thomas	1:14.09

### 200M DASH

1.	Gretchen Stai	St. Olaf	26.06
2.	Jennifer Shah	Carleton	26.13
3.	Jenny Needham	St. Thomas	26.49
4.	Jodi Dickey	St. Olaf	26.64
5.	Kim Skistad	St. Olaf	26.66
6.	Tsemaye Opubor	Carleton	26.90

### LONG JUMP

1.	Lisa Hawkinson	Carleton	17' $\frac{1}{2}$ "
2.	Sue Dehn	Bethel	16' $1 \frac{3}{4}$ "
3.	Wilhelmina Cromartie	Augsburg	16' $5 \frac{3}{4}$ "
4.	Gretchen Stai	St. Olaf	16' 5"
5.	Kim Skistad	St. Olaf	16' 2"
6.	Olesdaard, Pam	Concordia	16' $1 \frac{1}{2}$ "

### 5000M RUN

1.	Julia Kirtland	Macalester	17:26.91 (nat'l qual)
2.	Jenny Hintz	St. Thomas	17:29.58 (nat'l qual)
3.	Elise Wolstad	St. Olaf	18:02.20 (nat'l qual)
4.	Cindy Hennessy	St. Thomas	18:20.39
5.	Laura Indersieden	St. Thomas	18:30.85
6.	Marion Strand	Concordia	18:37.15

### 4 x 400 M RELAY

1.	St. Olaf	4:00.96
2.	Concordia	4:06.79
3.	Carleton	4:07.88
4.	<del>Gustavus</del>	<del>4:18.76</del>
5.	Macalester	4:09.6
5.	Gustavus	4:18.76
6.	Hanline	4:19.47

FINAL RESULTS --- WOMEN'S SHOT PUT

Cont No.	Name	Club	Result	Notes
1.	Linda Mc Duff	Gen	42' 3 1/2"	nat'l Qual
2.	Rebecca Tillotson	Mac	42' 7"	nat'l qual
3.	Sheryl Gagnart	Gen	41' 0 1/2"	nat'l
4.	Betty Wamontka	GIS	37' 3 1/2"	
5.	Sarah Schilly	Carl	37' 1"	
6.	Fenny Marshall	Leith	36' 10 1/2"	

TRIPLE JUMP

1.	Kim Skistad	STC	54' 1 1/2"	nat'l qual
2.	Kay Klobar	STC	52' 5 3/4"	
3.	Bob Ness	Ham	52' 4"	
4.	Elaine Flynn	GSF	50' 10 3/4"	
5.	Valenke Rodgers	STC	50' 8 1/2"	
6.	Kerri A. Caldwell	Ham	50' 3 1/2"	

Girls 10,000 Meter and Final Results

1.	Julie Kirkland	Gen	36:18.10
2.	Jenny Binte	Gen	36:45.35
3.	Nettie Seaven	Gen	39:04.33
4.	Mary Graunhofer	Gen	42:47.35
5.	Carion Birchd	Gen	43:05.10
6.	Deann Overmier	Gen	